

LUNCH

Soup

Soup of the day	Cup	\$2.99	Bowl	\$3.99
Chili (Meat)		\$3.99	\$4.99
Cup of Soup with sandwich or salad			Add	\$1.99



Salads

Served with bagel chips & your choice of dressing

Garden Salad *	SM \$4.79	LG \$5.79
Lettuce, red cabbage, carrots, peppers, tomato & cucumber			
Chef Salad	SM \$5.49	LG \$6.49
Ham, turkey, cheese, hard boiled egg over lettuce, tomatoes, cucumbers & peppe			
Greek Salad *	SM \$4.99	LG \$5.89
Lettuce, tomatoes, green peppers, onions, cucumbers, feta cheese & olives			
Triple Header			LG \$6.79
1 scoop each of tuna/chicken/egg salad over lettuce, cucumber & tomato			
Tabouleh (Lebanese Salad)	\$4.89		
Chopped parsley, onions, tomatoes, burglar wheat, lemon juice & olive oil			
*Add grilled chicken breast.....	\$2.89		

Hot Sandwiches

Served on a bagel or bread w/side salad & a pickle

Reuben	\$6.69
Corned beef, Swiss cheese, sauerkraut & Thousand Island dressing on rye bread	
Pastrami Passion	\$6.69
Lean Pastrami, smothered w/ Muenster cheese topped w/spicy mustard	
FlatLander	\$6.69
Grilled chicken, melted Mozzarella, onion, lettuce, tomato & ranch dressing	
Mountaineer	\$6.69
Roast beef, with melted Provolone, onion & tomato	

Mediterranean Selections

Served on pita or wrap with lettuce/tomato/red onions

Hummus	\$5.99
Pureed Chick peas mixed with tahini sauce, garlic & lemon juice	
Babaganouch	\$5.99
Roasted eggplant, pureed & seasoned with tahini sauce, garlic & lemon juice	
Falafel Sandwich	\$5.99
with tahini (or yogurt) sauce	
Stuffed Grape Leaves	\$5.99

Create Your Own Sandwich \$5.99

Served on your choice of bagel or bread, side salad & a pickle

One Choice of meat:

Turkey, ham, roast beef, salami, pastrami, corned beef

Add a Cheese Slice:

American, muenster, provolone, swiss

Extra portion of meat	\$1.25
Extra cheese slice	\$0.79

Add at no extra charge: lettuce, tomato, red onion, mayo or mustard

Cold Sandwiches

Served on a bagel or bread w/side salad & lettuce/tomato/onion & a pickle

BLT - Crisp Bacon with lettuce & Tomato	\$4.99
Big Bear - Turkey or Ham with cheese, Crisp Bacon	\$6.49
Classic Turkey - Turkey & cheese	\$5.99
Red, White & Blue - Turkey, Roast Beef, Bacon & American Cheese	\$6.69
Humpty Dumpty - Egg salad	\$5.99
Chicken Little - Chicken Salad	\$5.99
By The Sea - White Albacore Tuna Salad	\$5.99
The Boss - Turkey, Ham, Salami, Swiss & Provolone cheese	\$6.89